Semester abroad

USFQ

Pre Departure

Ecuadoreans **dress casual.** Fit in by dressing alike. Here is a tip: **NO flip flops!**

Bring SPF 30+ sunblock you will be at 9000 feet and in direct contact with the sun.

Expect **to dress in layers** and **bring a rain coat.** Somedays it pours.

For TIPUTINÍ you need your **Yellow Fever Certificate** it lasts for 10 years

Buses are VERY CHEAP 0.25 c per route in the city.

Ecuadoreans **use a lot of coins** make sure you have change at all times.

Our Health insurance works by re-imbursement. Hospitals ask for a co-lateral so **please bring a credit card.**

DONT Bring your latest iphone/android, **buy a low cost smart phone.**